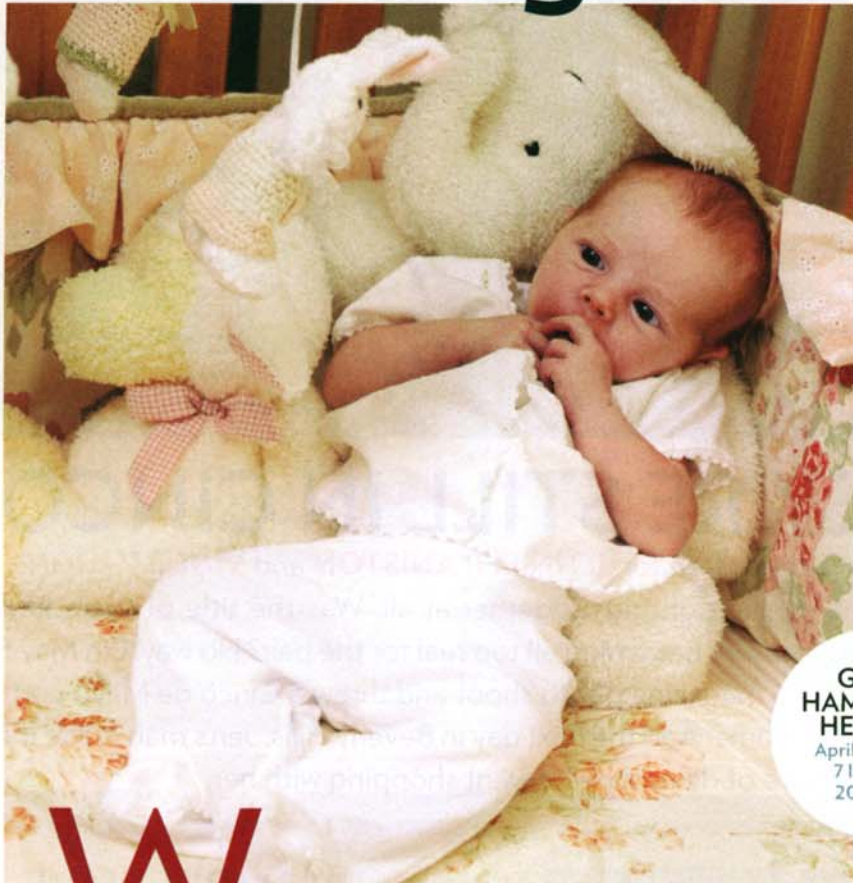


# goodbye, baby blues

## hello, grier!



**GRIER  
HAMMOND  
HENCHY**  
April 18, 2006  
7 lbs. 1 oz.  
20 inches

**W**hen she gave birth to her daughter Rowan, now 3, Brooke Shields wasn't the happy mom she expected to be. In fact, she suffered from such a severe case of postpartum depression that she had thoughts of jumping out the window, swallowing pills and driving her car into a wall. Naturally she was concerned that she'd be in the same state after the arrival of her second daughter. But, says Shields, "this was *nothing* like the first one." Since Grier Hammond Henchy's April 18 arrival, the only discomfort Shields has felt is the pain from her C-section incision. Although she was prepared to ask for another prescription of Paxil, the antidepressant that helped her recover with Rowan, she didn't need it this time. "I was like, 'You know what? I think I'm okay now,'" she said to her doctor. This should come as good news to Tom Cruise, who admonished the actress last year for taking antidepressants. Speaking of Cruise, although Shields and Katie Holmes gave birth on the same day, on the same floor, of the same hospital, at first Shields wasn't even aware that there was another celebrity down the hall. "Basically, I was being cut in two, so it wasn't the

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"You're surprised at your capacity to love," says Shields (with a sleepy baby Grier). "There's no quota."



After battling postpartum depression with her first daughter, Brooke Shields feels nothing but bliss with her second—now if only she could get a little more sleep

"I worried she would feel slighted in some way," says Shields (with Rowan, who helps Mom hold and feed baby Grier). "But she's taken that fear away from me."



## The Nursery

"Rowan was jumping in the crib saying, 'This is for Grier!'" says decorator Wendy Bellissimo, who designed the nursery with her own line of furniture.



first thing I was going to ask about," says Shields. "I was just glad that everything for me was going well."

One month later, it still is. Shields, 40, and her husband, sitcom writer Chris Henchy, 42, have slipped into a happy routine, quickly adjusting to life with their littlest addition. "Now it just really feels like a full-on family," says Shields. "I'd be lucky to just have the one, but with two, I realize they'll have each other after we're not here anymore, and to me, that really settles my mind."

So why only happy tears this time around, when Rowan's birth evoked a much darker variety? For one, Shields lost her father, Frank, to cancer just a month before Rowan was born. She also had a much harder time getting pregnant, going through seven in-vitro-fertilization treatments and mood-altering hormone shots. (Grier, much to